

GARDEN GROVE UNIFIED SCHOOL DISTRICT  
Office of Child Welfare and Attendance  
10331 Stanford Avenue  
Garden Grove, CA. 92840  
(714) 663-6391

September 3, 2004

Frederick P. Horn  
Presiding Judge of the Superior Court  
700 Civic Center Drive West  
Santa Ana, CA 92701

Dear Judge Horn:

Please find listed below the response from the Garden Grove Unified School District regarding the recommendations made by the Grand Jury regarding "Childhood and Adolescent Obesity: Making the Orange County Schools Part of the Solution."

Findings and Responses

1. State Senate Bill 19, partly amended by the California Childhood Obesity Prevention Act, authorized school districts to establish a Child Nutrition and Physical Activity Committee to help coordinate functions and activities that address students' obesity problems.  
Response: District personnel review all legislation in regards to its impact to the district and its programs. The office of Curriculum and Instruction determines the effect of the legislation upon district programs and continues to ensure that programs meet the needs of our students and meet the state and federal requirements.
2. All food and beverages prepared by school food services in Orange County schools, or supplied under contract by outside vendors and served on the school campuses, are regulated by federal and state requirements.  
Response: The Garden Grove Unified School District will continue to ensure that food and beverages served on school campuses meet federal and state requirements.
3. A study in Poway has shown that the greatest improvement in the physical fitness of students occurred when the physical education program was supervised by a Physical Education Specialist.  
Response: The Garden Grove Unified School District does hire Physical Education Teachers who are knowledgeable and meet state credentialing requirements at the secondary level. In addition, the district also hires Adapted Physical Education Specialists to work with children with special needs. The district also hires a Teacher on Special Assignment who directly oversees all

physical education programs. The district also has a Food Services Director and Assistant Director who are very knowledgeable of nutrition needs and legal requirements that must be met. These professionals will continue to meet all of the requirements necessary to provide our students with a quality program.

5. Various government grants are available to the schools to help finance and improve the schools' nutrition and physical education programs.

Response: District personnel will continue to review all grant opportunities that meet the needs of our students.

6. Most school districts, faced with budgetary cuts and greater priority on higher academic standards, have gradually decreased their emphasis on physical education.

Response: While there has been a greater priority on higher academic standards, the requirements for physical education have not decreased. The Garden Grove Unified School District maintains excellent physical education programs and continues to meet state and federal requirements.

7. Food items provided by the schools' food services are not labeled with their caloric values and nutritional composition; nor is such information posted in the food-serving area.

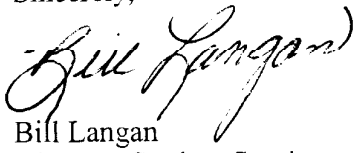
Response: The Food Services Department continues to provide a quality program for our students. The district is always looking for ways to improve our services to our students and will continue to seek new and creative ways to serve them.

8. Body Mass Index is not fully utilized as an assessment tool by schools' nutrition and physical education programs, but is used as appropriate by school nurses for clinical purposes.

Response: The issue will be looked into by district personnel and the appropriate tools will be used to maintain a quality program for our students.

Should you have additional questions regarding our food services or our physical education programs, please do not hesitate to contact me at (714) 663-6391.

Sincerely,



Bill Langan  
Director, Student Services