



FULLERTON JOINT UNION HIGH SCHOOL DISTRICT
1051 West Bastanchury Road • Fullerton, California 92833-2247

(714)870-2810
FAX (714)870-2835
www.fjuhsd.k12.ca.us
Business Services

September 14, 2006

Ms. Nancy Wieben Stock
President Judge of the Superior Court
700 Civic Center Drive West
Santa Ana, CA 92701

RE: Response to Orange County Grand Jury report, "Are Schools Feeding or Fighting Obesity?"

Dear Ms. Wieben Stock:

At the request of the Orange County Jury, following is the District's response to the recommendations of the 2005/06 Orange County Grand Jury regarding the District's school nutrition programs.

Recommendation 7.1: Control over competitive foods: Orange County school districts should consider granting food service directors more control over sales of all food and beverages on district campuses.

Reply: The nutritional quality of foods and beverages sold on District campuses was increased with the opening of the Fall, 2006, semester, when the new District Wellness Policy was implemented. As discussed at the June 6, 2006, Board meeting, students and staff members taste-tested replacement items to be sold on campuses. In addition, by July, 2007, no fried foods will be sold by District staff members.

Recommendation 7.2: Compliance with federal and state laws: School districts should ensure compliance with legislated actions and dates addressing child wellness and obesity.

Reply: During discussions of the Wellness Policy with the District's Physical Education Curriculum Committee, committee members showed great enthusiasm for expanding physical education activities in the District. The District always follows State and Federal laws.

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Recommendation 7.3: School nutrition programs: To fight obesity, Orange County schools should consider researching and developing nutrition programs that go beyond state and federal legislation.

Reply: Discussion of the proposed Wellness Policy with the District's Health Education Curriculum Committee was also met with enthusiasm for expanding health education to include providing additional nutritional information in the curriculum. The Board of Trustees will be monitoring the results of the District Wellness Policy annually.

These are exciting times as we encourage children to make healthy choices which have the potential to support a life time of better health.

Please contact me at (714) 870-2811 if you have any further questions regarding this matter.

Sincerely,



Colleen Patterson
Assistant Superintendent
Business Services

CP/ms

BD AGENDA

JUN 29 2006

FULLERTON JOINT UNION HIGH SCHOOL DISTRICT
June 20, 2006

To: President Dunton and Members, Board of Trustees

From: George J. Giokaris

Subject: Adoption of Board Policy 5030, Student Wellness

SECOND READING
ACTION

The District is committed to the application of State standards for wellness. These standards provide a school environment which promotes children's health, well being, and the ability to learn by supporting healthy eating and increased levels of physical activity. Goals of the District regarding student wellness state that the schools will provide health education, physical education, and nutrition education for all students to foster lifelong habits of healthy eating and physical activity. This Board Policy (BP) and goals will establish linkages between health education and school meal programs. In order to comply with Senate Bill 965, a plan must be established to measure implementation of the BP.

The development and review process of BP 5030 and Administrative Regulation (AR) 5030 began with the initial meeting of the Wellness Committee on March 23, 2006. The committee is comprised of District students, parents, and staff members. During the week of May 15, 2006, drafts of the proposed regulations were shared with the District Health and Physical Education Curriculum Committees. No changes were made to the BP and AR as a result of the review. In this dynamic and changing environment, the AR is expected to be reviewed and modified annually. The Superintendent or designee shall report to the Board annually on the implementation of this BP.

The proposed Board Policy was presented at the Board meeting on June 6, 2006, for first reading/information and has since been on display in the Business Services office for review and comments.

Adoption of Board Policy 5030, Student Wellness, is submitted for second reading and adoption.

CP/ms ^{el}

Attachments

Superintendent's Comment:

ADOPTION RECOMMENDED.

VII-C-1

STUDENT WELLNESS

The Superintendent or designee shall be responsible for organizing a "Coordinated Fitness, Nutrition, and Health Advisory Council" and coordinating services. The council will engage students, parents, teachers, classified staff members, and District administrators to develop recommendations to the Board of Trustees for adoption of certain rules and regulations to support the goals of this policy. This advisory council shall also monitor, review, and make periodic reports to the Superintendent regarding the implementation of rules and regulations under this policy.

Action plans shall be identified and objectives measured through inventory control procedures. Periodic inventory of all food items purchased will be used to ascertain the effectiveness of implementation. Specific food products available for sale will be periodically adjusted to achieve the objectives of promoting student wellness.

Vision and Philosophy Statement

The framework for the philosophy is provided in Fullerton Joint Union High School Board Policy No. 0100:

"It is the responsibility of the public secondary school to develop, maintain, and improve the mental and physical health of individuals,"
and

"It is the responsibility of the public secondary school to assist individuals in developing an acceptance and understanding of themselves and their physical and mental potentials."

The District is committed to the application of State standards for wellness. These standards provide a school environment which promotes children's health, well being, and ability to learn by supporting healthy eating and increased levels of physical activity.

Goals

Schools will provide health education, physical education, and nutrition education for all students to foster lifelong habits of healthy eating and physical activity. This policy will establish linkages between health education and school meal programs.

A plan shall be established for measuring implementation of the policy. The Superintendent shall designate at least one person within the District and at each school site who is charged with operational responsibility for ensuring that the school sites implement the District's wellness policy.

The Superintendent or designee shall recommend for Board approval specific quality indicators that will be used to measure the implementation of the policy Districtwide and

STUDENT WELLNESS

BP 5030(a)

at each District school. These measures shall include, but not be limited to, an analysis of the nutritional content of meals served; student participation rates in school meal programs; any sales of non-nutritious foods and beverages in fundraisers or other venues outside the District's meal programs and feedback from classified staff members, school administrators, the District Student Wellness Committee, parents/guardians, students, and other appropriate persons.

The Superintendent or designee shall report to the Board annually on the implementation of this policy and any other Board policies related to nutrition and physical activity.

Reference: Education Code Sections 49430-49436, 49490-49493, 49500-49505, 49510-49520, 49530-49536, 49540-49546, 49547-49548.3, 49550-49560, 49565-49565.8, 49570, 51222, and 51223; Code of Regulations, Title 5, 15500-15501, 15510, 15530-15535, and 15550-15565; United States Code, Title 42, 1751-1769, and 1771-1791; Code of Federal Regulations, Title 7, 210.1-210.31 and 220.1-220.21

Policy Adopted: