

Laguna Beach Unified School District

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Our Mission is to maximize each student's potential to learn and make a positive contribution to our world.



Board of Education

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Monday, November 27, 2006

Honorable Nancy Wieben Stock
Presiding Judge of the Superior Court
700 Civic Center Drive West
Santa Ana, CA 92701

Orange County Grand Jury
700 Civic Center Drive West
Santa Ana, CA 92701

Dear Honorable Nancy Wieben Stock:

Please accept my apology for the delay to the Grand Jury request for response to findings and recommendations regarding schools fighting obesity.

Findings:

6.1 *Control over competitive foods:*

The Laguna Beach Unified School District Student Wellness Policy, in accordance with legislation, governs the food and beverages sold on all campuses, including all vending machine items. This policy, along with site wellness committees establish guidelines for student fundraisers and oversee its compliance.

6.2 *Compliance with federal and state laws:*

The Laguna Beach Unified School District is in full compliance with recently enacted laws addressing child wellness.

6.3 *School nutrition programs:*

In addition to creative nutrition programs, in January 2001, the Laguna Beach Unified School District established its Quest for Excellence Committee (Q4e). The Q4e Committee was established for the purpose of attaining excellence in all areas of the District.

The process was anticipated to be consistent, ongoing, and sustainable long-term as well as open, expansive, and as inclusive as conditions permitted. Further, the process was to be flexible enough to accommodate any new knowledge and/or viable possibilities. The Superintendent's primary goal was maximum learner achievement through the intentional development of a culture of continuous improvement based on best practices throughout the district.

The High Levels of Wellness Q4e sub-committee developed and implemented a K-12 curriculum with attention to life-long fitness including yoga training for the physical education teachers and improving the nutritional value of school lunches and snacks. The District also holds an annual Fitness Fair, open to the entire community, promoting life-long fitness practices and proper nutrition. The District physical fitness scores are among the highest in the County.

Recommendations:

7.1 Control over competitive foods:

Ms. Debra Appel, Food Services Supervisor, co-chairs the High Levels of Wellness sub-committee and is responsible for compliance with the Student Wellness Policy, which governs the food and beverages sold on all campuses, including all vending machine items. This policy, along with site wellness committees establish guidelines for student fundraisers and oversee its compliance.

7.2 Compliance with federal and state laws:

The Laguna Beach Unified School District is in full compliance with laws pertaining to child wellness.

7.3 School nutrition programs:

The Laguna Beach Unified School District has established the High Levels of Wellness Sub-Committee that is focused on student fitness and nutrition.

If more information is required, please let us know.

Sincerely



Theresa A. Daem, Ed.D.
Superintendent of Schools

TAD/dr